

Your Carers Support Groups

Llanfairpwll Group Capel Rhos y Gad, Llanfairpwll, LL61 5JB 10.30 -11.30	Wednesday	Fraud awareness Coffee, tea and chat Beekeeping talk Coffee, tea and chat	1 April 6 May 3 June 1 July
Anglesey parent carers support group Canolfan Glanhwfa, Llangefni, 10.00 – 12.00	Wednesday	Coffee, tea and chat	1 April 6 May 3 June 1 July
Llanrwst Group *NEW VENUE Llanrwst library 11.00 -12.00	Friday	Coffee, tea and chat	10 April 8 May 12 June 10 July
Carers' drop-in at the Metropole Basement Offices, Penrhyn Road, Colwyn Bay, 10.30 – 12.00	Tuesday	Coffee, tea and chat	7 April 5 May 2 June 7 July
Pwllheli group Plas Heli, Pwllheli 10.30 -12.30	Thursday	Coffee, tea and chat	2 April 4 May 4 June 7 July
Online group for parents/ carers of adults with Learning Disabilities and children with additional needs, 10.30	Monday	Meeting at Fron Goch Garden centre Contact us for a link to join.	20 April 18 May 15 June 20 July
Gwynedd parent carers support group Porthi Dre, Caernarfon 11.00-12.30	Wednesday	Coffee, tea and chat	15 April 20 May 17 June 15 July
Penygroes Group Pant Du, 12.30	Wednesday	Coffee, tea and chat Light lunch available	15 April 20 May 17 June 15 July

Please note that events may be subject to change. Please check first

☎01248 370797, ✉ help@carersoutreach.org.uk

Contact us to book your place!

Anglesey Carers Week event

Wednesday 10 June,

Llangefni Town Hall,

10.00 – 12.30 and 1.00 – 4.00

Contact Medrwn Môn for more details

☎ **01248 724 944**

✉ **post@medrwnmon.org**

Gwynedd Carers Week event

Tuesday 9 June,

Criccieth Memorial Hall,

10.00 – 1.00

To book:

<https://WythnosGofalwyr2026-Digwyddiad-Arbennig.eventbrite.com>

Carers' drop-ins in Conwy

Wednesday, 1 April

Llanrwst Library, 10.00 – 12.00

Thursday, 30 April

Conwy Library, 1.30 – 4.00

Tuesday, 2 June

Colwyn Bay Library, 3.30 – 5.30

Thursday, 4 June

Abergele Library, 2.00 – 4.00

Thursday, 18 June

Kinmel Bay Library, 2.00 – 5.00

Tuesday, 14 July

Llanrwst Library, 10.00 – 12.00

Thursday, 30 July

Conwy Library, 2.00 – 4.00

Thursday, 2 July

Betws-y-Coed GP Surgery, 9.30 – 11.30

Cerrigydrudion GP Surgery, 2.00 – 4.00

Carers' community drop-ins

Information on grants, benefits, fuel poverty alleviation and more.

Gwynedd

Thursday, 16 April

Canolfan Congl Meinciau, Botwnnog,

1.00 – 4.00

Tuesday, 16 June

Y Hwb, Bethesda, 2.00 – 4.00

Thursday, 18 June

Tywyn Baptist Church,

10.30 – 12.30

Anglesey

Tuesday, 5 May

Holyhead Library, 2.00 – 4.00

Friday 15 May

Amlwch Library, 10.00 – 12.00

Llangefni Library, 1.00 – 3.00

Tuesday, 19 May

Menai Bridge Library, 1.00 – 3.00

Wednesday, 27 May

Benllech Library, 2.00 – 4.00

Rhosneigr Library, 2.00 – 4.00

Wednesday, 1 July

Beaumaris Library, 10.00 – 12.30

Tuesday, 4 August

Menai Bridge Library, 1.00 – 3.00

Wednesday, 26 August

Rhosneigr Library, 2.00 – 4.00